



# NATIONAL ATHLETICS CHAMPIONSHIP 2022

JAWAHARLAL NEHRU STADIUM | NEW DELHI | 4-7 MAY 2022

अनुराग सिंह ठाकुर  
ANURAG SINGH THAKUR



D.O. No. 1330 Min.(YA&S)

मंत्री  
सूचना एवं प्रसारण और  
युवा कार्यक्रम व खेल  
भारत सरकार  
**MINISTER**  
INFORMATION & BROADCASTING AND  
YOUTH AFFAIRS & SPORTS  
GOVERNMENT OF INDIA

### MESSAGE

It gives me immense pleasure to know that Cerebral Palsy Sports Federation of India (CPSFI) is conducting its Inaugural National Athletics Championship 2022 at New Delhi from 4<sup>th</sup> to 7<sup>th</sup> May 2022, in which more than 150 athletes will participate. CPSFI has been granted government recognition as National Sports Federation on 31<sup>st</sup> March 2022 for cerebral palsy sports. CPSFI has started in right earnest by organizing the National Championship immediately after recognition by the Government. Conduct of national championships by NSFs is the key to identifying the talent for preparing them for participation in international tournaments and win medals for the country.

I convey my best wishes for the successful conduct of Inaugural National Athletics Championship 2022.

(Anurag Singh Thakur)





**Cerebral Palsy International Sports and Recreation Association**



Craig Carscadden

CPIISRA

Suit 102 Fullarton House

Fullarton St  
Ayr KA7 IUB

Mob 07962 130580

Dear Athlete,

It gives me great pleasure to write to you today on behalf of Cerebral Palsy International Sports and Recreation Association (CPIISRA).

As a former para-athlete I know how importance the National championship is to an athletes development. For some of you it will be the pinnacle of your athletics career, while others it will open the pathway to International Competition. Whatever the goals you have set yourselves for this event I would like to wish you all good luck and every success at the CPSFI National Athletics Championship 2022

Best Wishes

Craig Carscadden

President & Chief Executive



CPSFI is grateful to Mr Anurag Singh Thakur, Minister of Sports, Govt of India for having trust in us and mandating us with promotion and development of cp sports in India.

I would like to thank Mrs Sujata Chaturvedi, Secretary Sports, Govt of India for supporting and encouraging us. Mr LS Singh, Jt Secy Sports, Govt of India who has guided and encouraged us to prioritise classification in para sports.

The National Athletics Championship 2022 is the first Nationals by CPSFI after our recognition as a NSF by the Ministry of Sports, Govt of India.

CPSFI has raised the bar in conduct of Nationals for a para sport event. By bringing in Dr Halim Jebali, IPC Classifier from Tunisia, to assist us in the classification process alongwith Dr Siddharth Aggarwal, Dr Naveen Talwar, Dr SK Taneja, Dr Ankur Upadhyay and their teams. The Delhi Athletics Association supported with their technical officials. A team of medical support with an ambulance was stationed at the venue 24/7, courtesy Medanta.

Mr LS Singh, Jt Secy Sports, visited us during the classification process and spent quality time understanding and discussing on creating a pool of national classifiers in India. He also supported us in getting the venue for our 28th Sangiti, awareness session on 'Classification in Para Sports' by Dr Halim Jebali, which was held at the Conference room of NDTL on 6th May 2022. Mr Singh attended the session alongwith Ms Ritu Sain, DG NADA and Dr PL Sahu, Director NDTL.

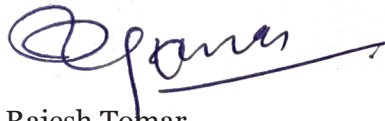
Over 250 people participated in the Athletics Championship 2022, with 150 being athletes through our members across India. This Championship was also the platform to identify athletes and induct them into our Lakshya Paralympics Program. The inducted athletes will be high-performance trained and prepared for Paralympics.

My heartfelt thanks to Mr Kapil Dev, the cricket legend, an idol to many, an inspiration to sports persons, who visited us during the Championship inspite of his busy schedule

I am thankful to all our members who participated and contributed to the success of the event. I look forward to greater participation in the future.

The team at CPSFI stood up to the occasion and put up a great show. I congratulate every one of them who contributed to putting this event together.

Lastly, to all our athletes, I wish for you a season full of fun, friendship, improvement and achievement. Set goals and train to achieve them but always do it with a smile and in the true spirit of CPSFI.



Rajesh Tomar  
President, CPSFI

## CPSFI

Cerebral Palsy Sports Federation of India (CPSFI) is a recognised National Sports Federation (NSF), an apex body in India, developing and promoting sports for persons with Cerebral Palsy and related neurological conditions, providing them a platform and opportunities to showcase their sporting capabilities ([www.cpsfi.org](http://www.cpsfi.org)).

The Department of Sports, Ministry of Youth Affairs and Sports (MYAS), Government of India, has recognised CPSFI as a National Sports Federation (NSF) in the 'Priority' category. CPSFI has been mandated to promote and develop sports for persons with cerebral palsy in India.

CPSFI is the only national member of CPISRA & IFCPF.

CPISRA is the leading international sports organisation governing and promoting sport and recreation for Cerebral Palsy (CP) and related neurological conditions. CPISRA is a founding organisation of the Paralympics and one of only four IOSD recognised by the IPC to represent impairment groups.

IFCPF, International Federation of CP Football, is the international governing body for the sport of CP Football and are the 'Recognised International Sport Federation' of IPC.

### **Vision**

Creating Opportunities. Changing lives.

“To create a platform for people with cerebral palsy and related neurological conditions to participate in adaptive sports which help improve their physical, psychological & social well being”.

### **Mission**

To pioneer a cerebral palsy sports movement in India.

- By building awareness, nurturing talent, training athletes and creating opportunities for competitions leading to Paralympics.
- Facilitate a cerebral palsy sports experience centre which offers state-of-the-art sports facilities, equipments, technical & classification expertise & sports science support.
- Ensure availability & affordability of sports equipments like frame runner & boccia balls/slides.



CPSFI has set a goal of 25 medals in the category for cerebral palsy in the Paralympics. “Lakshya Paralympics” is an initiative to high performance train athletes who are promising and probables for Paralympics. The National Athletics Championship 2022 was one such platform where athletes are being identified for induction into the “Lakshya Paralympics” program.

## Executive Board

The Executive Board of CPSFI comprises of people from all walks of life, young and experienced and from different parts of the country.

CPSFI is led by Rajesh Tomar, graduate from St Stephen’s College, Delhi University. He has contributed to the field of sports and para sports extensively. Having been a national athlete himself, he understands the need for sports and opportunities for an athlete. He switched to contributing for para sports in the last decade.

Mr Tomar has completed a term as vice-president Asian Paralympic Committee (APC). He was the president, Paralympic Committee of India (PCI) and also in the leadership team of various sports organisations and committees.



## CPSFI’s 4-stage Process

CPSFI has a four stage process to achieve our objectives & goals. Starting from building awareness around the need of sports, the adaptive cp sports that we promote, identifying the right sport for a child, different levels / kinds of training to competitions at different level.

**Sangiti**, Awareness Program

**Pratibha Yogyata**, Talent hunt Program

**Prashikshan**, Training Program

**Pratiyogita**, Competitions



# National Athletics Championship 2022

CPSFI conducted National Athletics Championship 2022 from 4 - 7 May 2022. Over 250 persons participated in the event with 150 of them being athletes. The participants were from 16 member States/UTs. They were accommodated at the SAI hostel, JLN Stadium and at the Vishwa Yuvak Kendra. Food, prescribed by the SAI hostel nutritionist was provided at the hostel premises. Medanta, our medical partner provided us with doctor consultation, a physiotherapist, nurses (male and female), first aid kits & emergency medicine & an ambulance during the entire event, round the clock.

Classification of athletes with disability has been the focus point since the Tokyo Paralympics. The Ministry of Sports, Government of India has been encouraging efforts towards classification. Classification is an important process and therefore a priority at CPSFI. We invited Dr Halim Jebali, IPC Classifier from Tunisia to help us in the classification of athletes, to ensure the athletes are classified in the right class when they begin. Dr Siddharth Aggarwal, Dr Naveen Talwar, Dr SK Taneja, Dr Ankur Upadhyay with their team helped in the classification process along with Dr Jebali.

CPSFI approached the Athletic Federation of India (AFI) for qualified technical officials' support for the conduct of the Championship. The Delhi Athletics Association, member of AFI, deputed 24 qualified technical officials to help us in the process.

The first two days (4th & 5th May) were for registration and classification. The next two days were for the events (6th & 7th May). Mr Kapil Dev visited the venue on 4th May, interacted with the athletes/officials and the classification team. It was inspiring and motivational for the athletes.

## 5th May

Mr LS Singh, Jt Secy, Ministry of Sports visited the venue. He spent quality time understanding the classification process with Dr Jebali. Ways to qualitatively improve the classification process in India was discussed. Mr Singh also tied his hand at Boccia. He was explained about the need for indigenously manufacturing the balls to bring down the cost of the equipment when imported from Europe. Boccia is a cp sport for persons with high support needs (on wheelchair).

The opening ceremony of the Championship was in the evening under flood light, lasting for about an hour. Shri Sriram Singh, Olympian, 800 m finalist in the 1976 Montreal Olympics was the chief guest along with Dr Jebali. The guests lit the lamp to mark the beginning of the Championship and Mr Rajesh Tomar, President CPSFI declared the Championship open to releasing of balloons and cheering from the participants. In his opening speech, Mr Tomar introduced the CPSFI Executive Board to the audience. The athletes/coaches & escorts proudly marched to the beat of The Colonel Bogey. Athletes from 16 member States/UTs participated and a bunch of them participated under the CPSFI banner.



Members of the Delhi State Mallakhamb Association demonstrated Mallakhamb. Mallakhamb is a traditional sport originating from India, in which a gymnast performs aerial yoga or gymnastic postures. The ceremony ended with the vote of thanks by Ms Kavita Suresh, General Secretary CPSFI.

### **6th May & 7th May**

The track & field events were conducted in the early hours of the morning (6 am to 9 am) and the late hours of the evening (6 pm to 9 pm) so the heat during the day does not take a toll on the athletes. The technical officials were responsible for the conduct of the events. A total of 32 events (21 men & 11 women) were conducted. The medal ceremonies were conducted on the same days after the event. Certificate of Merit will be given only to the winning athletes who have met the MQS. Certificate of Merit will not be issued to athletes who have won medals but not met the MQS, since the qualifying criteria during registration was the MQS. The medals were still given as a gesture of encouragement.

### **6th May 2022**

CPSFI conducted Sangiti, our awareness sessions, on Classification in Para Sports by Dr Jebali. The session was hosted at the National Dope Testing Laboratory (NDTL) conference room. NDTL is a premier analytical testing & research organisation established under Government of India.

The session was attended by Mr LS Singh, Jt Secy, Ministry of Sports, Ms Ritu Sain, Director General NADA (National Anti-Doping Agency), Dr P L Sahoo, Director NDTL and over 45 persons (coaches/managers representing our members pan India).

As an outcome of deliberations with Mr LS Singh, Dr Jebali and the CPSFI officials, it's been agreed that CPSFI will initiate a workshop on Classification with the help of the Ministry, 8th -10th December 2022. Dr Jebali during the discussion with the Jt Secy, Ministry of Sports suggested a 3-day workshop to create a pool of national classifiers which will be conducted by IPC classifiers-educators. This will result in having trained classifiers in India who can ensure classification is 95% correct when the athletes represent India in International events.

### **7th May 2022**

The Championship concluded in the evening with a jumbled march past by all the athletes/ coaches/ escorts / volunteers/ technical officials and CPSFI officials. The entire team posed together for a memorable picture and then danced away to music. The Kerala team was announced as the winners of the Ramesh Tikaram Memorial Award for the Best Team by Mr Rajesh Tomar. The trophy was given away by Mr Tomar and Dr Jebali.

Some teams departed the same evening and some the next morning.

# Registration & Classification



# Visit by Mr Kapil Dev



# Visit by Mr LS Singh, Jt Secy, Min of Sports



# Opening Ceremony



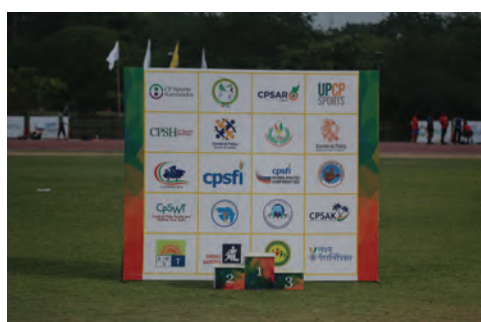
# Opening Ceremony



# Opening Ceremony



# Events





# Medal Ceremony



# Finale



# The CPSFI Family



## Testimonials

Hi Kavita Ji,

We reached Mysore on Monday evening, Thanks a lot for giving Bharathi an opportunity to participate in this national event, it would not be possible without your support.

The entire journey from the selections at Bangalore till the event day at Delhi was exciting and mind-blowing.

Our heartfelt thanks on organising and hosting this National event which has instilled lots self belief, faith and confidence to all the CP athletes and their parents.

The kind of dedication and commitment that we witnessed by you and the entire CPFSI team was admirable.

The teams comaraderie and undying team spirit played a crucial role in making this event a grand success.

The arrangements were immaculate, wheather it was indoor or outdoor, it was very satisfying.

Every participant was given atmost importance and well taken care of.

The entire event was memorable the we would always remember and cherish for our life time..

Thanks a lot Madam 🙏🙏🙏

Mr Bharath, parent of Ms Bharathi



Respected Kavita Ma'am,

Good afternoon

Today me and my wife both are feeling so blessed after some nice words with you.

As a parents we are so thankful to you for your kindness and support and a wonderful heart touching behavior .

Having your contact number is like a strong moral support.

Thanks you very much to you and your all team and Rajesh Tomar Sir for everything you are doing for our kids.

Thanks for your kindness. Thanks for your support. Thanks for your love & care.

We wish you all to stay Happy n Healthy always

With warm Regards!

Dr. Sanjay Handa (physiotherapist)

Meenakshi Handa ( special Educator)

Hello,

My hearty thanks to Rajesh sir, Kavitha ma'am and all CPSFI team to all the support and guidance given to me. The above media release was on international edition. I hope the past 4 days laid a strong foundation to our coming work. Will keep in mind your effort and each and every single word you told me.

It won't be complete to say my special thanks to our great Gen Secretary Kavitha ji. As a women I am so proud of you. Behind every success story there will be some one's hardwork. In my experience and my understanding you can reach this Divine initiative in the top most level and fullfill Rajesh sir's Vision and mission.

So proud to be its part.

Ms Girija Kumary, Gen Secy CPSAK



## Cerebral Palsy Sports Society of Punjab

Office : 687/B, MIG Super Phase 11, Mohali, Punjab - 160062  
E-mail: info@cypunjab.org | Website: cypunjab.org | Mob. 9888114751

Ref. No. ....

Dated May 17 2022

**Shri Rajesh Tomar**

President

CPSFI

Dear *Shri Tomar,*

Under your dynamic leadership, resourcefulness, precision in planning, extensive source funding and use of existing sports infrastructure at New Delhi, the scale, magnitude and professionalism in organising National Athletics Championship 2022, of cerebral palsy children was heart warming indeed. This event has focussed on the importance of the opportunity given to CP children mostly from families even without adequate means to live. Their skill to compete & win medal despite physical handicaps was really admirable. Their participation as such will go a long way in promoting as well as highlighting the mission & objectives of the CPSFI. This National level event is hopefully precursor of their winning laurels Internationally in future.

I on my behalf and also on behalf of members of the association, our promoters and helpers have the pleasure to extend my heartiest congratulations to you on your success in organising the 1<sup>st</sup> National level Athletic Championship.

*Likhi warm regards,*  
*Sukhdarshan Likhi*  
**Sukhdarshan Likhi (IPS retd.)**

Chairman



DELHI ATHLETICS ASSOCIATION

## **DELHI ATHLETICS ASSOCIATION**

*Affiliated to Athletics Federation of India & Delhi Olympic Association*

A-90, 2nd Floor, Naraina Industrial Area, Phase-I Near PVR Cinema, New Delhi-110028.

T: +9111401047122, Email: [delhiathletics22@gmail.com](mailto:delhiathletics22@gmail.com) W: [www.delhiathletics.com](http://www.delhiathletics.com)

**President:**  
R. Sunny Joshua  
9811830720

**Treasurer:**  
V. K. Mishra  
9899678750

**Secretary:**  
Sandeep Mehta  
9810382212

To,

The President / Gen Secretary  
Cerebral Palsy Sports Federation of India,

Date: Tue, 17 May 2022

Sir/ Madam

Subject: CPSFI National Athletics Championship 2022 Technical report

The event – CPSFI national athletics championship 2022 was held at Jawaharlal Nehru stadium, from 4 to 7 May 2022. Over 300 athletes / officials /volunteer took part at the above championship.

CPSFI had approached Athletics Federation of India to provide support to conduct the championship by providing technical officials /volunteers including program /start list, who in turn authorised Delhi State Athletics Association for needful.

The list of officials who are technically qualified is attached.

The event of CPSFI National Athletics Championship was conducted in a smooth manner and it technically well organised with a total of 30 Qualified technical officials and 10 sports athletics specific volunteers.

In addition

-Razza point system was followed wherever there were less than 4 participants the category was merged.

- Seeing the weather conditions the events were conducted in the early morning and late evening hours (morning 6am to 9 am), (evening 6to 9pm) in floodlit
- The CP athletes were accommodated in SAI hostels. The Quality food, tea and refreshments were provided timely to all the participants and to technical officials at the venue.
- No protest was received from the side of participants.
- The organisers gave all the support like barricating the whole competition area, equipment's and other things to make the event successful.
- All victory ceremonies were conducted immediately after the events

It was wonderful event where everyone enjoyed the gala opening and closing ceremony with fanfare

Thank you CPSFI for giving Delhi State Athletics Association an opportunity to work for such noble cause.

We value CPSFI association with us & look forward for many more associations in future.

Warm Regards



**Sandeep Mehta**  
**(Secretary)**  
**Delhi Athletics Association**



**cpsfi**  
cerebral palsy sports  
federation of india

**Regd Off :** 788A, Sector 15-II, Gurugram, Haryana

**Head Off :** 4 & 5, AMCO Layout A Block, Kodigehalli, Bengaluru, Karnataka

info@cpsfi.org | www.cpsfi.org